

BRITISH POWERLIFTING ORGANISATION

EST. 1994

“Lavieville”, 11 Field Way, Tongham, Farnham, Surrey. GU10 1BQ Great Britain

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2007 EUROPEAN CHAMPIONSHIPS *POWERLIFTING & BENCH PRESS*

DATES: 22nd to 24th June

VENUE: ???

Port Talbot, Glamorganshire, South Wales

Meet Director: Mark Jordan (01639 870575/ 07815 870575)

DRAFT SCHEDULE

Scheduled “Flights” may change according to the final weigh-in of competitors

<u>THURSDAY</u>	10.00 hours to 11.30 hours	Weigh-in for Friday Powerlifters
21 st June	16.00 hours to 17.30 hours	Weigh-in for Friday Powerlifters
	19.00 hours	EPC Congress Meeting
<u>FRIDAY</u>	08.00 hours to 09.30 hours	Final Weigh-in for Friday Powerlifters
22 nd June	10.00 hours	Opening Ceremonies
	10.30 hours	Powerlifting Competition Starts
	10.00 hours to 11.30 hours	Weigh-in for Saturday Powerlifters
	15.00 hours to 16.30 hours	Weigh-in for Saturday Powerlifters
<u>SATURDAY</u>	08.00 hours to 09.30 hours	Final Weigh-in for Saturday Powerlifters
23 rd June	10.00 hours	Powerlifting Competition Starts
	10.00 hours to 11.30 hours	Weigh-in for Sunday Bench Pressers
	15.00 hours to 16.30 hours	Weigh-in for Sunday Bench Pressers
<u>SUNDAY</u>	08.00 hours to 09.30 hours	Final Weigh-in for Sunday Bench Pressers
24 th June	10.00 hours	Bench Press Competition Starts

POWERLIFTING FLIGHTS

Friday 22nd June

1 st Flight	10.30 hours	All classes and age groups Women’s; and All classes and age groups Men’s 56 kg to 75 kg.
2 nd Flight	11.15 hours	All classes and age groups Men’s 82.5 kg to 90 kg.

Saturday 23rd June

3 rd Flight	10.00 hours	All classes and age groups Men’s 100 kg to 110 kg
4 th Flight.	10.45 hours	All classes and age groups Men’s 125 kg to 140+ kg

There will be a 30-minute break after completion of all flights Squats and after all groups Bench Press

Awards Presentation on Sunday following end of Bench Press competition

- *Fortis Est Potentia* -

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SUNDAY

24 th June	10.00 hours	Bench Press Competition Starts Flights will be arranged after entries received. Approximately 10 athletes per flight
	15.00 hours	All awards for Powerlifting and Bench Press Classes and closing Ceremony

BENCH PRESS GROUPS

1 st Flight	10.00 hours
2 nd Flight	11.00 hours
3 rd Flight	12.00 hours
4 th Flight	13.00 hours

OFFICIALS:

Master of Ceremonies:
Platform Manager:
Platform Crew:
Marshall's:
Scoreboard:
Time Keeper:
Concierge:
World & European Records Registrar: David Tickle

EPC OFFICIALS:

President: Jaap Fahner HOL
Vice President: Jorge Rodriquer GER
General Secretary: David Tickle GB
Technical Officer: Robert Campbell GB
Treasurer: Gerhard Hollietner AUS

REFEREES:

AUSTRIA – Gerhard Hollenitner, Eroy Konrad
GERMANY - Jorge Rodriquer, Martin Karius, Peter Malfa
GREAT BRITAIN - Robert Campbell, Dean Drury, Charlie Evans,
David Tickle, Chris Wall
HOLLAND – Jaap Fahner, Erik Butzelaar
IRELAND – Tommy Dillion, Shane Brodie

HONOURED GUESTS:

WPF President: Erik Butzelaar HOL
WPF Honorary President: Brian Smith GB

COUNTRIES PREFIX:

AUS = Austria - GER = Germany - GB = Great Britain - HOL = Holland
IRE = Ireland - LUX = Luxemburg - POL = Poland

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