

Powerlifting Association Germany (P.A.G.)

WPF World Championship 2016

13.10 -16.10.2016 Altena Squat Gruppe 1

RAW/EQ	ST.	AGE	BDW.	NAME	NATION	CAT.	SQUAT			MAX.	BENCHPRESS			DEADLIFT			TOT.	Wilks	+McCullough	PL.
							1.	2.	3.		1.	2.	3.	1.	2.	3.				
RAW	55+	57	119,60	Gerhard Holleitner	AUT	-125	190,0	-210,0		190,0						190,0	109,326	141,796	1.	
EQ	45+	48	73,10	Dirk Schumann	D	-75	205,0	220,0	-225,0	220,0						220,0	159,632	177,830	1.	
RAW	55+	56	80,90	Detlef Riede	D	82,5	210,0	220,0	230,0	230,0						230,0	155,917	196,482	1.	
RAW	45+	46	109,80	Rene Falk	D	110	220,0	235,0	250,0	250,0						250,0	147,200	158,682	1.	
PAW	60+	62	68,30	Peter Remmels	D	-75	75,0	-80,0	80,0	80,0						80,0	61,104	87,990	1.	

HEADREFEREE
NAME: Jörg Rödiger

LEFT-REFEREE
NAME: Bastian de Vries

RIGHT-REFEREE
NAME: Herbert Leser

Weltrekord

Powerlifting Association Germany (P.A.G.)

WPF World Championship 2016

13.10 -16.10.2016 Altana Powerlifting Gruppe 1

RAW/EQ	ST.	AGE	BDW.	NAME	NATION	CAT.	SQUAT			BENCHPRESS			DEADLIFT			TOT.	Wilks	+McCullogh	PL.
							1.	2.	3.	1.	2.	3.	1.	2.	3.				
RAW	O	28	51,90	Anne Hoffmans	NL	-52	75,0	80,0	80,0	42,5	47,5	50,0	85,0	90,0	92,5	222,5	277,791		1.
RAW	U19	19	55,80	Rafaela Gaki	D	-56	65,0	70,0	80,0	35,0	40,0	-35,0	75,0	80,0	85,0	205,0	241,880		1.
RAW	O	31	59,00	Sonja Schuringa	NL	-60	-70,0	-72,5	72,5	50,0	52,5	-55,0	95,0	100,0	102,5	227,5	256,961		2.
RAW	O	28	60,00	Lauren Crisp	LUX	-60	67,5	72,5	82,5	40,0	47,5	-52,5	85,0	100,0	127,5	257,5	287,087		1.
RAW	O	38	66,10	Debby Van den Bos	NL	-67,5	80,0	85,0	90,0	-50,0	-50,0	-50,0	85,0	92,5	-100,0				
RAW	O	24	72,00	Kirsten Van Dijk	NL	-75	70,0	75,0	80,0	40,0	-45,0	-45,0	80,0	90,0	100,0	220,0	214,720		1.
RAW	O	33	88,80	Nadia Otter	D	-90	172,5	185,0	192,5	130,0	137,5	-140,0	230,0	240,0	247,5	577,5	501,848		1.
RAW	60+	60	72,50	Calin Eschenasy	D	-75	100,0	-165,0	100,0	90,0	100,0		130,0	165,0	-160,0	365,0	266,450		1.

HEADREFEREE
NAME: Frank Engel

LEFT-REFEREE
NAME: Frank Seudel

RIGHT-REFEREE
NAME: Conny Eory

Welltrekard

Powerlifting Association Germany (P.A.G.)

WPF World Championship 2016

13.10 -16.10.2016 Altana Powerlifting Gruppe 2

RAW/EQ	ST.	AGE	BDW.	NAME	NATION	CAT.	SQUAT			MAX.	BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilks	+McCullogh	PL.
							1.	2.	3.		1.	2.	3.		1.	2.	3.				
EQ	50+	53	80,90	Tatjana von Lemberg	D	-82,5	120,0	-130,0	140,0	140,0	100,0	110,0	-120,0	250,0	140,0	150,0	160,0	410,0	372,854	450,035	1.
EQ	45+	48	73,10	Dirk Schumann	D	-75	205,0	215,0	-220,0	215,0	135,0	145,0	150,0	365,0	200,0	215,0	-222,5	580,0	420,848	468,825	1.
EQ	65+	67	98,10	Fred Marienfeldt	D	-90	187,5	195,0	200,0	200,0	-165,0	-165,0	-165,0								
EQ	45+	45	98,80	Maikel Huisman	NL	-100	185,0	190,0	195,0	195,0	115,0	117,5	-122,5	312,5	170,0	180,0	200,0	512,5	313,445	332,252	1.
EQ	55+	55	98,30	Herbert Leser	D	-100	172,5	180,0	-185,0	180,0	125,0	130,0	-135,0	310,0	162,5	170,0	180,0	490,0	300,321	375,401	1.
EQ	O	26	115,30	Ruth Helliendorf	NL	-125	245,0	-250,0	255,0	255,0	-165,0	165,0	167,5	422,5	235,0	240,0	245,0	667,5	387,551		2.
EQ	O	30	120,20	Andrej Remmele	D	-125	340,0	355,0	375,0	375,0	235,0	245,0	260,0	635,0	330,0	342,5	-350,0	977,5	561,769		1.

HEADREFEREE
NAME: Frank Engel

LEFT-REFEREE
NAME: Frank Seudel

RIGHT-REFEREE
NAME: Conrad Eory

Weltrekord

Powerlifting Association Germany (P.A.G.)

WPF World Championship 2016

13.10 -16.10.2016 Altana Powerlifting Gruppe 3

RAW/EQ.	ST.	AGE	BDW.	NAME	NATION	CAT.	SQUAT			MAX.	BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilks	+McCullogh	PL.
							1.	2.	3.		1.	2.	3.		1.	2.	3.				
RAW	U23	20	68,30	Yannick Deischer	LUX-ATC	-75	125,0	130,0	130,0	130,0	-72,5	-72,5	57,5	155,0	160,0	162,5	420,0	271,782		1.	
RAW	U19	15	87,70	Ciro Alaia	D	-90	100,0	130,0	130,0	130,0	70,0	90,0	220,0	180,0	190,0	200,0	420,0	414,601		1.	
RAW	O	33	81,09	Ringo Riedel	D	-82,5	210,0	220,0	225,0	225,0	150,0	157,5	382,5	215,0	230,0	240,0	448,0	283,046		1.	
RAW	U23	21	91,90	Thomas Holter	LUX	-100	135,0	145,0	135,0	135,0	105,0	110,0	245,0	185,0	195,0	203,0	470,0	309,213		1.	
RAW	O	27	85,10	Tiziano Gasparro	LUX-ATC	-90	165,0	180,0	187,5	187,5	105,0	110,0	297,5	150,0	165,0	172,5	470,0	309,213		1.	
RAW	O	30	92,50	Jonathan Donadoni	FR-ATC	-100	235,0	250,0	235,0	235,0	140,0	150,0	387,5	260,0	270,0	280,0	667,5	420,392		1.	
RAW	O	34	98,40	Jan Stechbarth	D	-100	190,0	210,0	220,0	220,0	125,0	135,0	345,0	225,0	240,0	255,0	585,0	358,371		2.	
RAW	O	27	107,60	Steffan Van Dalen	NL	-110	160,0	165,0	170,0	170,0	145,0	150,0	320,0	195,0	200,0	215,0	535,0	317,041		1.	
RAW	O	28	121,00	Harm Kuipers	NL	-125	200,0	205,0	210,0	210,0	125,0	130,0	335,0	230,0	240,0	250,0	585,0	335,673		1.	

HEADREFEREE
NAME: Conrad Eory

LEFT-REFEREE
NAME: Frank Seudel

RIGHT-REFEREE
NAME: Dirk Schumann

Weltrekord

Powerlifting Association Germany (P.A.G.)

WPF World Championship 2016

13.10 -16.10.2016 Altana Powerlifting Gruppe 4

RAW/EQ	ST.	AGE	BDW.	NAME	NATION	CAT.	SQUAT			MAX.	BENCHPRESS			DEADLIFT			TOT.	Wilks	+McCullogh	PL.
							1.	2.	3.		1.	2.	3.	1.	2.	3.				
RAW	65+	66	61,00	Steffen Burkhard	D	-75	140,0	150,0		150,0	80,0	85,0	90,0	140,0	150,0	150,0	390,0	429,273	671,812	1.
EQ	60+	60	72,50	Calin Eschenasy	D	-75	170,0	-200,0	-200,0	170,0	115,0			285,0	100,0	150,0	435,0	422,646	583,251	1.
RAW	75+	77	74,20	Ulrich Mielich	D	-75	65,0	75,0	80,0	80,0	-52,5	-52,5	52,5	95,0	105,0	115,0	247,5	236,882	469,027	1.
RAW	55+	57	80,90	Detlef Riedel	D	-82,5	205,0	220,0	232,5	232,5	120,0	127,5	135,0	367,5	200,0	210,0	587,5	398,266	516,551	1.
RAW	45+	49	85,40	Alexander Koch	D	-90	-150,0	-150,0	150,0	150,0	110,0	-120,0	120,0	270,0	180,0	200,0	470,0	308,602	349,337	1.
RAW	60+	60	89,40	Yurij Von Lemberg	UK	-90	-140,0	-150,0	160,0	160,0	130,0	-135,0	-140,0	290,0	190,0	200,0	500,0	320,300	442,014	1.
RAW	50+	54	103,70	Juri Hochstetter	D	-110	170,0	190,0	215,0	215,0	110,0	120,0	130,0	345,0	220,0	255,0	615,0	369,123	453,283	1.
RAW	60+	63	95,00	Peter Haas	D	-100														
RAW	45+	48	114,70	Bernd Bayer	D	-125	135,0	145,0	155,0	155,0	100,0	105,0	110,0	265,0	135,0	145,0	420,0	244,230	272,072	1.
RAW	50+	53	113,60	Mark Notschaele	LUX-ATC	-125	200,0	215,0	225,0	225,0	140,0	150,0	-157,5	375,0	220,0	235,0	610,0	355,630	429,245	1.

HEADREFEREE
NAME: Conrad Eroy

LEFT-REFEREE
NAME: Frank Seider

RIGHT-REFEREE
NAME: Dirk Schumann

Weltrekord

Powerlifting Association Germany (P.A.G.)

WPF World Championship 2016

13.10 -16.10.2016 Altana Deadlift Gruppe 3

RAW/EQ	ST.	AGE	BDW.	NAME	NATION	CAT.	SQUAT			BENCHPRESS			DEADLIFT			TOT.	Wilks	*McCullogh	PL.
							1.	2.	3.	1.	2.	3.	1.	2.	3.				
RAW	U19	17	59,20	Bondarenko, Mykyta	UK	-60										147,5	127,366		1.
RAW	55+	59	74,00	Schnurrer, Anton	AUT	-75										180,0	129,474		1.
RAW	60+	61	72,70	Steinbrecher, Bernd	GER	-75										180,0	134,773		1.
RAW	O	27	78,10	Nyberg, Patrik	GER	-82,5										185,0	128,261		1.
RAW	70+	74	67,30	Cedel, Gerd	GER	-75										185,0	106,274		1.
RAW	U19	15	79,10	Wohlan, Fabian	GER	-82,5										172,5	117,680		2.
RAW	U19	18	80,10	Glok, Dennis	GER	-82,5										172,5	117,680		2.
RAW	O	23	80,60	Pilla, Sebastian	GER	-82,5										180,0	122,310		2.
RAW	45+	48	89,10	Fischer, Wolfgang	GER	-90										175,0	112,298		1.

HEADREFEREE
NAME: Bastian de Vries

LEFT-REFEREE
NAME: Jörg Reiter

RIGHT-REFEREE
NAME: Conrad Erroy

Weltrekord

Powerlifting Association Germany (P.A.G.)

WPF World Championship 2016

13.10 - 16.10.2016 Altana Deadlift Gruppe 4

RAW/EQ	ST.	AGE	BDW.	NAME	NATION	CAT.	SQUAT			BENCHPRESS			DEADLIFT			TOT.	Wilks	+McCullogh	PL.
							1.	2.	3.	MAX.	1.	2.	3.	1.	2.				
W-RAW	40+	40	66,10	Kaiser, Svetlana	RUS	-67,5									90,0	100,0	103,620	103,620	1.
W-RAW	65+	69	63,90	Cedel, Ingrid	GER	-67,5									90,0	95,0	106,250	176,800	1.
RAW	O	35	79,30	Loporto, Francesco	IT	-82,5									250,0	265,0	181,923		1.
RAW	O	25	86,40	Keitsch, Patrick	GER	-90									160,0	180,0	117,414		2.
RAW	O	34	85,90	Schulz, Sascha	GER	-90									200,0	-222,5	130,900		1.
RAW	O	35	89,10	Fischer, Wolfgang	GER	-90									170,0	175,0	112,298		3.
RAW	O	35	99,70	Schlemmer, Guido	GER	-100									170,0	185,0	124,907		1.
RAW	45+	46	110,00	Falk, Rene	GER	-110									280,0	300,0	176,550	190,321	1.
RAW	65+	69	101,10	Eulenstein, Joachiem	GER	-110									100,0		60,600	100,838	1.
RAW	55+	57	119,70	Holleitner, Gerhard	AUT	-125									200,0	240,0	155,331	201,464	1.
RAW	U19	18	117,40	Krüdewagen, Patrick	GER	-125									180,0	202,5	117,045		1.
RAW	O	25	152,90	Scholle, Sebastian	GER	140+									200,0	222,5	122,776		1.

HEADREFEREE
NAME: Jörg Reiter

LEFT-REFEREE
NAME: Jörg Rödinger

RIGHT-REFEREE
NAME: Bastian de Vries

Weltrekord

Powerlifting Association Germany (P.A.G.)

WPF World Championship 2016

13.10 -16.10.2016 Altana Benchpress Gruppe 1

RAW/ST.	AGE	BDW.	NAME	NATION	CAT.	SQUAT			MAX	BENCHPRESS			SUB.	DEADLIFT			TOT.	W/RS	+McCullogh	PL.
						1.	2.	3.		1.	2.	3.		1.	2.	3.				
RAW	65+	69	63,90	Cedel, Ingrid	GER	-67,5				45,0	47,5	-50,0	47,5				38,318	63,762	1.	
RAW	65+	67	81,20	Eulenstein, Ursula	GER	-82,5				70,0	72,5	75,0	75,0				50,730	81,016	1.	
RAW	70+	74	67,30	Cedel, Gerd	GER	-75				80,0	82,5	-85,0	82,5				63,764	118,602	1.	
RAW	70+	72	80,70	Nebelung, Helmut	GER	-82,5				85,0	90,0	-95,0	90,0				61,110	108,776	1.	
RAW	60+	60	88,00	Winklareth, Michael	GER	-90				137,5	145,0	147,5	147,5				94,710	130,688	1.	
RAW	60+	62	82,00	MACZKA MIECZYSLAW	PL	-82,5				100,0	107,5	112,5	112,5				75,645	108,928	1.	
RAW	65+	65	86,90	Markwort, Hubert	GER	-90				55,0	60,0	65,0	65,0				42,270	64,799	1.	
RAW	65+	69	101,10	Eulenstein, Joachim	GER	-110				125,0	130,0	135,0	135,0				81,810	136,132	1.	
RAW	55+	56	115,00	Ploegmakers, Jos	NL	-125				147,5	155,0	160,0	160,0				92,976	118,358	1.	
RAW	60+	62	126,40	Kurda, Walter	GER	-140				202,5	207,5	210,0	210,0				119,406	171,945	1.	

HEADREFEREE
NAME: Bastian de Vries

LEFT-REFEREE
NAME: Jörg Reiter

RIGHT-REFEREE
NAME: Jörg Rodiger

Wettestand

Powerlifting Association Germany (P.A.G.)

WPF World Championship 2016

13.10 - 16.10.2016 Altana Benchpress Gruppe 2

RAW/EQ	ST.	AGE	BDW.	NAME	NATION	CAT.	SQUAT			BENCHPRESS			DEADLIFT			TOT.	Wilks	+McCullogh	PL.
							1.	2.	3.	MAX.	1.	2.	3.	1.	2.				
RAW	50+	50	59,10	Falke, Rainer	GER	-60				100,0	105,0	110,0	110,0	110,0	110,0	95,128	109,397	1.	
RAW	55+	58	65,90	Rehnelt, Klaus	GER	-67,5				90,0	95,0	-100,0	95,0	95,0	95,0	74,689	98,739	1.	
RAW	45+	46	73,00	Gietz, Sven	GER	-75				100,0	105,0	110,0	110,0	110,0	110,0	79,904	86,137	1.	
RAW	50+	53	76,30	Schmid, Bernhard	GER	-82,50				95,0	-100,0	100,0	100,0	100,0	100,0	70,420	84,997	1.	
RAW	55+	56	81,30	Krieger, Reiner	GER	-82,50				97,5	102,5	-105,0	102,5	102,5	102,5	69,280	88,193	1.	
RAW	40+	44	90,00	Mueller, Andreas	GER	-90				170,0	182,5	-190,0	182,5	182,5	182,5	116,508	121,634	1.	
RAW	45+	48	89,10	Fischer, Wolfgang	GER	-90				130,0	137,5	142,5	142,5	142,5	142,5	91,442	101,867	1.	
RAW	50+	50	88,70	Leopold, Johann	GER	-90				135,0	-130,0	-130,0	135,0	135,0	135,0	86,832	99,857	1.	
RAW	50+	52	92,40	Ritter, Thorsten	GER	-100				120,0	140,0	-150,0	140,0	140,0	140,0	88,214	104,710	1.	
RAW	55+	55	100,90	Roman Raczkyowski	PL	-110				115,0	120,0	-122,5	120,0	120,0	120,0	72,768	90,960	1.	
RAW	55+	57	119,70	Holleitner, Gerhard	AUT	-125				-110,0			-110,0	-110,0	-110,0	-63,283	-82,078	1.	

HEADREFEREE
NAME: Jörg Reiter

LEFT-REFEREE
NAME: Bastian de Vries

RIGHT-REFEREE
NAME: Jörg Rödiger

Weltrekord

Powerlifting Association Germany (P.A.G.)

WPF World Championship 2016

13.10 - 16.10.2016 Altana Benchpress Gruppe 3

RAW/EQ	ST.	AGE	BDW.	NAME	NATION	CAT.	SQUAT			BENCHPRESS			DEADLIFT			TOT.	Wilks	+McCulloch	PL.
							1.	2.	3.	MAX.	1.	2.	3.	1.	2.				
W-EQ	65+	67	81,20	Eulenstein, Ursula	GER	-82,5	65,0	70,0	75,0	75,0	75,0	75,0	75,0	75,0	75,0	68,070	108,708	1.	
EQ	70+	72	80,70	Nebelung, Helmut	GER	-82,5	85,0	90,0	-100,0	90,0	90,0	90,0	90,0	90,0	90,0	61,110	108,776	1.	
EQ	60+	60	89,00	Winklareth, Michael	GER	-90	160,0	167,5	172,5	167,5	167,5	167,5	167,5	167,5	167,5	107,552	148,421	1.	
EQ	65+	67	89,90	Marienfeldt, Fred	GER	-90	155,0	162,5	167,5	167,5	167,5	167,5	167,5	167,5	167,5	106,999	170,877	1.	
EQ	50+	50	102,70	Freiberg, Wladimir	GER	-110	227,5	237,5	258,0	237,5	237,5	237,5	237,5	237,5	237,5	143,070	164,531	1.	
EQ	55+	59	92,50	Kozeko, Stanislaw	PL	-100	150,0	160,0	175,0	150,0	150,0	150,0	150,0	150,0	94,470	127,535	1.		
EQ	65+	69	101,10	Eulenstein, Joachim	GER	-110	120,0			120,0	120,0	120,0	120,0	120,0	72,720	121,006	1.		

HEADREFEREE
NAME: Jörg Reiter

LEFT-REFEREE
NAME: Conrad Eroy

RIGHT-REFEREE
NAME: Bastian de Vries

Weltrekord

Powerlifting Association Germany (P.A.G.)

WPF World Championship 2016

13.10 - 16.10.2016 Altana Benchpress Gruppe 5

RAW/EQ	ST.	AGE	BDW.	NAME	NATION	CAT.	SQUAT			BENCHPRESS			DEADLIFT			TOT.	Wilks	+McCullogh	PL.
							1.	2.	3.	MAX.	1.	2.	3.	1.	2.				
RAW	Open	38	99,70	Napierala, Tomasz	PL	-100	180,0	187,5	187,5	180,0	187,5	-195,0	187,5	187,5	187,5	187,5	114,244		1.
RAW	Open	35	99,70	Schlemmer, Guido	GER	-100	165,5	172,5	172,5	165,5	172,5	-177,5	172,5	172,5	172,5	172,5	105,104		2.
RAW	Open	34	98,80	Presser, Patrick	GER	-100	155,0	-162,5	-172,5	155,0	-172,5	-172,5	155,0	155,0	155,0	155,0	94,798		3.
RAW	Open	27	108,40	Van Dalen, Steffen	NL	-110	145,0	-150,0	150,0	145,0	-150,0	150,0	150,0	150,0	150,0	150,0	88,680		4.
RAW	Open	39	107,70	Domaradzki, Tomasz	PL	-110	165,0	-172,0	172,5	165,0	172,0	172,5	172,5	172,5	172,5	172,5	102,189		3.
RAW	Open	37	106,30	Marek, Sadowski	PL	-110	185,0	190,0	195,0	185,0	190,0	195,0	195,0	195,0	195,0	195,0	116,025		2.
RAW	Open	36	102,00	Hirschmann, Oliver	GER	-110	190,0	200,0	205,0	190,0	200,0	205,0	205,0	205,0	205,0	205,0	123,800		1.
RAW	Open	30	123,50	Jeroen, Pol	NL	-125	195,0	202,5	-205,0	195,0	202,5	-205,0	202,5	202,5	202,5	115,688		1.	
RAW	Open	32	113,80	Nasyrow, Ruslan	GER	-125	195,0	200,0	-202,5	195,0	200,0	-202,5	200,0	200,0	200,0	116,540		2.	

HEADREFEREE
NAME: Bastian de Vries

LEFT-REFEREE
NAME: Conrad Eroy

RIGHT-REFEREE
NAME: Jörg Reiter

Wellrekord

Powerlifting Association Germany (P.A.G.)

WPF World Championship 2016

13.10 - 16.10.2016 Altana Benchpress Gruppe 6

RAW/EQ	ST.	AGE	BDW.	NAME	NATION	CAT.	SQUAT			BENCHPRESS			DEADLIFT			TOT.	Wilks	+McCullough	PL.
							1.	2.	3.	MAX.	1.	2.	3.	1.	2.				
EQ	O	34	84,70	Riedel, Ringo	GER	-90				180,0	190,0	-195,0	190,0			190,0	125,343		1.
EQ	40+	43	81,30	Kraft, Paul	GER	82,5				-190,0	190,0	-215,5	190,0			190,0	128,421		1.
EQ	55+	56	81,60	Riedel, Delef	GER	82,5				150,0	160,0	165,0	165,0			165,0	111,276		1.
EQ	O	37	97,60	Serafin, Martin	GER	-100				-170,0	175,0	-190,0	175,0			175,0	107,573		1.
EQ	40+	44	124,40	Funkner, Wladimir	GER	-125				200,0	-220,0	-225,0	200,0			200,0	114,080		1.
EQ	O	29	129,40	Adam Nalewajk	PL	-140				85,0			85,0			85,0	48,119		1.

HEADREFEREE
NAME: Jörg Rödiger

LEFT-REFEREE
NAME: Basian de Vries

RIGHT-REFEREE
NAME: Jörg Reiter

Weldrekord